

About Preston Harriers

The 'Famous Preston Harriers'

Preston Harriers athletes participate in Road, Cross Country, Fell Track & Field and Sportshall events. Over the years we have been well represented by a number of elite athletes, more recently including John Nuttall, Steve Tunstall, Helen Clitheroe and Steve Smith who have all won National titles and represented Great Britain at major games. Recently Steve Smith won gold in the V45 category at the world 1500m indoor championships in Austria and Helen Clitheroe placed 4th in the women's 1500m final at the Commonwealth Games in Melbourne. Helen is the current National Champion in the 3000m steeplechase, and holds the National Record of 9:29.14. As a result of our National reputation we were recently referred to as "The Famous Preston Harriers" on the BBC by the British distance legend Brendan Foster.

From beginners to elite athletes, 8 to 80 years old, Preston Harriers has a training programme, a competition schedule and a social group ready to welcome you.

We regard ourselves as a forward thinking club with a dedicated team of committee members, coaches and athletes who strive to bring sporting success to the proud city of Preston.

Preston Harriers were formed on the 15th September 1881, at the White Horse Inn in Friargate.

We hope you enjoy your visit to our site. Please click the links to the left to find out more about us.

Preston Harriers has agreed to adopt the codes of conduct as set out by UKA in the publication 'Athletics Welfare Procedures'. These codes of conduct are available as a pdf download from

<http://www.ukathletics.net/governance/welfare/>

The relevant pages are pages 35 – 42 of the UKA - Athletics Welfare Procedures document.

Club Development Plan (Nov 2009) for 2010